

Caring Youth Spotlight

Program Pilot for Young Carers

Carers SA has received support from the South Australian Government to design and pilot a model of support for South Australian young carers.

Eligible young carers 14 to 24 years of age who are registered with Carers SA will be invited to participate in a program that will provide additional opportunities for services and supports for young carers. Carers SA trained staff members will work individually with participants over 6 months and tailor support for each young carer.

The program pilot operates from three Carers SA locations:

- Royal Park
- Mount Gambier
- Berri

Parents or guardians permission is required for young carers under the age of 18.

What is involved?

Young carers have an opportunity to discuss their aspirations, needs, set goals and participate in activities specifically designed for young carers to build skills, access information and support, develop peer and support networks and enjoy social interactions with others.

Why are we doing this project?

Carers SA aims to ensure that the program is supporting young people in their caring role, and intends to assess the positive benefits of a more intensive and personalised support for young carers.

Interested?

If you are a young carer who lives in the Royal Park, Mount Gambier or Berri area and would like to know more about the program, please contact Sharon Allen:

Contact:

Sharon Allen

Young Carer Worker - Project Coordinator (Monday-Friday)

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