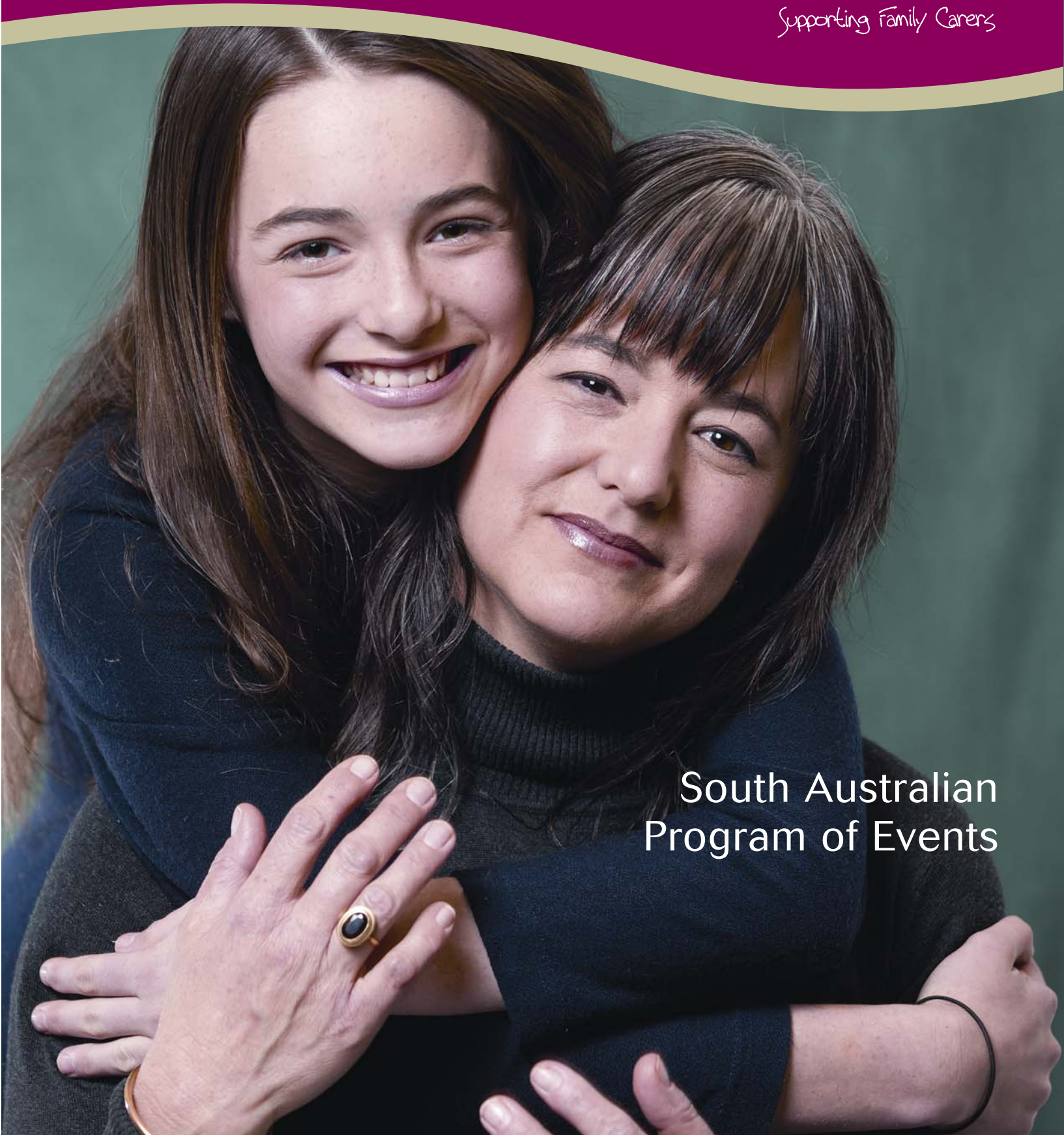


Carers Awareness Week 2011

16 - 22 October



South Australian
Program of Events

Carers Week 2011 Program - State Wide Events

Carers Week 2011 Celebrates Family Carers Carers SA Invites you to:

2011 Carers Day - at the Movies

This event is part of the National Carers Day celebrations being held across Australia to recognise family carers

Movie: Water for Elephants (Admission is free for carers & their families)

Date: Tuesday, October 18 2011 At: Capri Theatre
Time: Tea & Coffee from 10.30, Organ at 10:45, Movie 11.00am
141 Goodwood Rd, Goodwood SA

Bookings essential RSVP by Thursday, October 13 Ph: 8291 5600

Western Carers Bus from West Lakes Community Centre: Ph: 8240 2900
Passenger drop off zone at the Capri Theatre front doors for those with limited mobility.
Limited parking for drivers dropping off those with limited mobility at:
Goodwood Community Centre, Rosa St off Goodwood Rd.

**Need transport or respite assistance to attend a Carers Awareness Week Event?
Call us on: 8291 5600 before Tuesday 5 October for assistance**

Carer Health and Wellbeing Expo

To promote and provide information for Carers

Date: Thursday, October 20th 2011 Time: 10.00am – 4.00pm At: Rundle Mall, Adelaide

Carers, join us in the Mall for fun, information, support and a chance to meet staff from our Advisory, Counselling, Carer Support and Respite Services.

If you are not sure if you or someone you know might be a carer, or what support is available for those caring, please drop by for a chance to have your questions answered by specialist staff.

Contact: Margaret Ph: 8291 5600



South Australian Program of Events

Carers Week Metropolitan Events

Wednesday 12 October

Mental Illness Fellowship SA (MIFSA)

Event: Carers Pamper Day
Venue: Hamra Centre,
1 Brooker Terrace, Hilton. 1.00pm to 4.00pm
Contact: Rima or Stephanie
Telephone: 8378 4100 **Email:** rima@mifsa.org

Sunday 16 October

Carer Support

Event: The Wellbeing Fiesta
Venue: Westpac Centre- AAMI Stadium,
105 West Lakes Boulevard, West Lakes
10.30am to 3.30pm
Contact: Julie Dobie **Telephone:** 8379 5777
Email: julie.dobie@carersupport.org.au

Monday 17 October

South Australian Government

Event: Carer Recognition Awards
Note: Invitation only event
Contact: the Office for Carers
Telephone: 8207 0424
Email: michelle.martin@dfc.sa.gov.au

Monday 17 October

ANFE Carers Support Group

Event: Morning Tea
Venue: Mino's Café - 172 Henley Beach Rd,
Torrensville. Bus Stop (6) 10.30am to 12.00pm
Contact: Joyce Bueti **Telephone:** 8234 5550
Email: joyce@anfe.org.au

Monday 17 October

City of Mitcham Council

Event: 'Care to Eat' Luncheon
Venue: Balyana Conference Centre,
cnr. Strathcona Avenue & O'Neil St, Clapham
12.00pm arrival to 2.00pm
Cost: \$5 per head – Bookings Essential
Contact: Jenny Sandow Ph: 8372 8862
Telephone: 8372 8887 Bookings
Email: jsandow@mitchamcouncil.sa.gov.au

Tuesday 18 to Thursday 20 October

Northern Carers Network

Event: Alternative Healing and Wellbeing
Practices. 18-19th Aboriginal Carers & Services
Providers Expo. 20th Aboriginal Carers & the
wider community Expo.
Venue: Playford Civic Centre, 10 Playford
Boulevard, Elizabeth. 10.00am - 2.00pm
Contact: Emma Sumner
Telephone: 8284 0388
Email: emma@ncnw.org.au

Tuesday 18 October

Croatian Care for the Aged Association

Event: Morning Tea
Venue: La Vita Ristorante, 342 Grange Rd,
Kidman Park 11.00am to 1.00pm
Contact: Visnja Dojcinovic
Telephone: 8267 3626
Email: agedcare@chariot.net.au

Tuesday 18 October

City of Holdfast Bay (HACC)

Event: Devonshire Morning Tea &
Entertainment
Venue: Kingston Historic House, Cameron Ave,
Kingston Park. 10.00am to 12.00pm
Contact: Keith Bettany
Telephone: 8229 9964
Email: kbettany@holdfast.sa.gov.au

Tuesday 18 October

Western Carers

Event: Movie Day at the Capri Theatre
Water for Elephants
Venue: Capri Theatre, 141 Goodwood Rd,
Goodwood free bus leaving from West Lakes
Community Centre at 9.45 am
Contact: Katrina Beere
Telephone: 8240 2900
Email: westerncarers@carers-sa.asn.au

Wednesday 19 October

Chinese Welfare Services of SA Inc.

Event: Multicultural Carers Celebration
Outing
Venue: Charles Sturt Town Hall at Woodville
10.00am to 3.00pm
Contact: Kam Chin
Telephone: 8212 2888 phone/fax
Email: kam_chin@chinesewelfareservices.org.au

Wednesday 19 October

Coordinating Italian Committee

Le Voci dei Carers "Carers Voices"

Event: Special Seniors Luncheon
Venue: Fogolar Furlan Club, 69 Briar Rd,
Felixstow. 11.00am to 4.00pm
Contact: Antonietta Cardinale
Telephone: 8362 0233
Email: acardinale@cicinc.com.au

Wednesday 19 October

Carers SA Goodwood (Ruth Walter)

Event: Exploring Early South Australian Art
Venue: Art Gallery of South Australia, North
Terrace, Adelaide 1.00pm to 1.30pm
- Meet in Foyer
Contact: Marg Cunningham
Telephone: 8291 5600
Email: margaret.cunningham@carers-sa.asn.au

Thursday 20 October

UnitingCare Wesley Bowden

North & West Commonwealth Respite

& Carelink Centre

Event: BBQ in a local park 12.00pm to 3.00pm
Venue: Call 1800 052 222 for details
Contact: Tom Greenwell
Email: respite@ucwb.org.au

Thursday 20 October

Adelaide Hills Carer Support Group

Event: Carers Celebration Lunch
(\$5. p/p – 2 course lunch)
Venue: Sails Restaurant, 28 Island View Drive,
Clayton Bay. 12.00pm to 2.30pm
Health Service bus will leave Mt Barker at
11.00am – limited spaces
Contact: Anne Dullaghan
Telephone: 8393 1833
Email: a.dullaghan@health.sa.gov.au

Friday 21 October

The Carer Reference Group of SA

Event: Indulgence with Flowers,
Music & Song

Venue: Unley Civic Centre,
Oxford Terrace,

Unley at 1.45pm to 4.00pm

Contact: Marjorie Smith

Telephone: Carers SA on 8291 5600

to RSVP

Email: marjorie.smith@bigpond.com



Invite a carer friend to the movies for free!

Carers Awareness Week is about celebrating the caring role and connecting carers across Australia. Many carers believe they are the only one in their situation. If you know a carer why not invite them to take a break and find support with hundreds of fellow carers. Please use this invitation to invite a carer to join you at the Carers Day at the Movies.

INVITATION

Dear

You are invited to accompany

To the Carers Day at the Movies to see *Water for Elephants*
Date: Tuesday, Oct 18th **At:** Capri Theatre, 141 Goodwood Rd,
Goodwood. **Time:** Tea & Coffee from 10:30, Organ at 10:45,
Movie 11:00 **Cost:** Free.

South Australian Program of Events

Carers Week Regional Events

Wednesday 12 October

River Murray – Mallee Carers (RMMC)

Event: Lunch and Tour
Venue: Old Tailem Town Historical Village, 5km north of Tailem Bend on the South/Eastern Freeway. 9.30am to 4.30pm
Contact: Jennifer Webster
Telephone: 8539 1319
Email: jennifer@carers-sa.asn.au

Monday 17 October

Country Health SA Riverland Community Health Renmark, Berri / Barmera & Waikerie combined

Event: Luncheon with Entertainment 11.30am to 2.30pm
Venue: "Cobby (Cobdogla) Club"
Contact: Julie Brand
Telephone: 8580 4161
Email: julie.brand@health.sa.gov.au

Monday 17 October

Carers Link Yorke Peninsular

Event: 10 year Celebration of Carers Link York Peninsular
Venue: Yorketown Bowling Club (SYP) Memorial Drive, Yorketown 10.00am to 3.00pm
Contact: Kylie Weltman
Telephone: 8821 2444
Email: kylie@carerslinkyp.org

Tuesday 18 October

Carers Link Yorke Peninsular

Event: 10 year Celebration of Carers Link York Peninsular
Venue: Wallaroo Mines Bowling Club (NYP) Newland Rd, Wallaroo Mines. 10.00am to 3.00pm
Contact: Kylie Weltman
Telephone: 8821 2444
Email: kylie@carerslinkyp.org

Tuesday 18 October

Carers Link Yorke Peninsular

Event: 10 year Celebration of Carers Link York Peninsular
Venue: Maitland Bowling Club (CYP) 10 Elizabeth Rd, Maitland 10.00am to 3.00pm
Contact: Kylie Weltman
Telephone: 8821 2444
Email: kylie@carerslinkyp.org

Tuesday 18 October

Fleurieu Peninsular Carer Support Centre

Event: Movie Day at the Capri Theatre *Water for Elephants*
Venue: Capri Theatre, 141 Goodwood Rd, Goodwood with a bus leaving from 63 Victoria St, Victor Harbor at 8.30am
Contact: Vivian Page
Telephone: 8552 7419
Email: sfcarers@bigpond.com

Tuesday 18 to Thursday 20 October

Carers Link Barossa & Districts

Event: Stall in the Mall promoting Carers Link and raising awareness of carers
Venue: Foodland Mall Nuriootpa 9.00am to 4.30pm
Contact: Rita Kroehn
Telephone: 8562 4000
Email: ritak@carerslinkbv.org

Thursday 20 October

River Murray & Mallee Carers Carers SA

Event: Historic Tour and Lunch
Venue: The Pines Historic House, 18 Henry St, Loxton 11.00am to 2.00pm
Contact: Lianne Brewin
Telephone: 8584 6855
Email: lianne.brewin@carers-sa.asn.au

Thursday 20 October

Eyre Carers

Event: Carers Week Luncheon with guest speakers
Venue: Lincoln Grove Estate, Marine Avenue, Port Lincoln. 11.30am to 1.30pm
Contact: Jo Caruana
Telephone: 8291 5670
Email: joannec@carers-sa.asn.au

Thursday 20 October

Carers SA - South East Carers

Event: Morning Tea followed by a Movie & Lunch
Venue: Settlers Café, 85 Gordon St, Naracoorte 10.15am to 3.30pm
Contact: Colleen Moore
Telephone: 8724 7188
Email: colleen@carers-sa.asn.au

The success of the Statewide Carers Week celebrations is a result of the hard work and enthusiasm of Carers and Carer Support Groups throughout South Australia. The diverse and exciting range of events listed is a testament to their dedication and support.



Family Carers provide unpaid care and support to family members or friends who have a disability, mental illness, chronic condition, terminal illness or who are frail aged.

At any given time 1 in 8 Australians are carers. In their lifetime 1 in 2 Australians are carers. Are you a carer?

Carers Awareness Week is about celebrating the caring role and connecting carers across Australia. Carers SA was established by a group of family carers 20 years ago and understands the needs of carers. Caring can be lonely, demanding and emotionally challenging.

We are here to help call us, it's free.

Carer Advisory and Counselling Service
1800 242 636

